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A N N U A L R E P O R T

of the


M E D I C A L O F F I C E R O F H E A L T H

for the

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UPPINGHAM RURAL DISTRICT COUNCIL

ANNUAL REPORT of the  
MEDICAL OFFICER OF HEALTH

1952.

Mr. Chairman, Ladies and Gentlemen,

I beg to submit my Annual Report for the year 1952. This reports deals generally with matters within my responsibility regarding Public Health and Preventive Medicine and is presented in the form required by the Ministry of Health.

GENERAL STATISTICS

|   |     |     |     |     |     |         |
|---|-----|-----|-----|-----|-----|---------|
| Area (in acres)                               | ... | ... | ... | ... | ... | 24,735  |
| Registrar General's Estimate of population    | ..  | ... | ... | ... | ... | 6,135   |
| Number of inhabited houses at the end of 1952 | ... | ... | ... | ... | ... | 1,836   |
| Rateable value                                | ... | ... | ... | ... | ... | £33,365 |
| Nett product of a penny rate                  | ... | ... | ... | ... | ... | £134    |

VITAL STATISTICS

|  | <u>Males</u>    | <u>Females</u>              | <u>Total</u> |
|--|-----------------|-----------------------------|--------------|
| Live Births - Legitimate                     | 46              | 66                          | 112          |
| Illegitimate                                 | -               | 4                           | 4            |
|  | <u>46</u>       | <u>70</u>                   | <u>116</u>   |
| Still Births - Legitimate                    | -               | 1                           | 1            |
| Illegitimate                                 | -               | -                           | -            |
|  | <u>-</u>        | <u>1</u>                    | <u>1</u>     |
|  | <u>Rate for</u> | <u>Rate for</u>             |              |
|  | <u>District</u> | <u>England &amp; Wales.</u> |              |
| Birth Rate                                   | 22.8            | 15.3                        |              |
| Death Rate                                   | 9.7             | 11.3                        |              |
| Infant Mortality Rate per 1,000 live births. | 17.2            | 27.6                        |              |

These statistics can be regarded as very satisfactory and compare favourably with those for the country as a whole.

CAUSES OF DEATH

|  | <u>Male</u> | <u>Female</u> |
|--|-------------|---------------|
| Acute Poliomyelitis                    | -           | 1             |
| Measles                                | -           | 1             |
| Other infective and parasitic diseases | -           | 1             |
| Malignant neoplasm, stomach            | -           | 2             |
| Malignant neoplasm, lung, bronchus     | 1           | -             |
| Malignant neoplasm, breast             | -           | 1             |
| Malignant neoplasm, uterus             | -           | 1             |
| Other malignant & lymphatic neoplasms  | 1           | 2             |
| Vascular lesions of nervous system     | 4           | 18            |
| Coronary disease, angina               | 5           | -             |
| Other heart disease                    | 5           | 6             |
| Other circulatory disease              | 3           | 3             |
| Influenza                              | 1           | -             |
| Pneumonia                              | 2           | -             |
| Bronchitis                             | 2           | -             |
| Ulcer of stomach and duodenum          | 2           | -             |
| Gastritis, enteritis & diarrhoea       | -           | 1             |
| Nephritis and nephrosis                | 1           | -             |
| Congenital malformations               | 1           | 1             |
| Other defined & ill-defined diseases   | 1           | -             |
| Motor vehicle accidents                | 2           | -             |
| All other accidents                    | 2           | -             |
| Suicide                                | 1           | -             |
| Total                                  | <u>34</u>   | <u>38</u>     |



# PREVALENCE OF AND CONTROL OVER INFECTIOUS AND OTHER DISEASES

There was no serious epidemic during the year.  
One case of Poliomyelitis was of a very virulent type  
and the woman died soon after admission to hospital.

## Notifiable disease (other than Tuberculosis) during the year 1952

| <u>Disease</u>      | <u>Total cases<br/>notified</u> | <u>Cases admitted<br/>to hospital</u> | <u>Total<br/>Deaths</u> |
|---------------------|---------------------------------|---------------------------------------|-------------------------|
| Pneumonia           | 2                               | 1                                     | 2                       |
| Measles             | 45                              | -                                     | 1                       |
| Whooping Cough      | 2                               | -                                     | -                       |
| Acute Poliomyelitis | 2                               | 2                                     | 1                       |

| <u>Disease</u>      | <u>Under<br/>1</u> | <u>1<br/>2</u> | <u>2<br/>3</u> | <u>3<br/>4</u> | <u>4<br/>5</u> | <u>5<br/>10</u> | <u>10<br/>15</u> | <u>15<br/>25</u> | <u>25<br/>35</u> | <u>35<br/>45</u> | <u>45<br/>64</u> | <u>65 and<br/>over</u> |
|---------------------|--------------------|----------------|----------------|----------------|----------------|-----------------|------------------|------------------|------------------|------------------|------------------|------------------------|
| Pneumonia           | -                  | 1              | -              | -              | -              | -               | -                | -                | -                | -                | 1                | -                      |
| Measles             | -                  | 4              | 6              | 6              | 5              | 18              | 5                | 1                | -                | -                | -                | -                      |
| Whooping Cough      | -                  | 1              | -              | 1              | -              | -               | -                | -                | -                | -                | -                | -                      |
| Acute Poliomyelitis | -                  | -              | -              | -              | 1              | -               | -                | -                | -                | 1                | -                | -                      |

## Tuberculosis

### New Cases and Mortality During 1952

| <u>Age<br/>Groups</u> | <u>New Cases</u> |          |                      |          | <u>Deaths</u>    |          |                      |          |
|-----------------------|------------------|----------|----------------------|----------|------------------|----------|----------------------|----------|
|                       | <u>Pulmonary</u> |          | <u>Non-Pulmonary</u> |          | <u>Pulmonary</u> |          | <u>Non-Pulmonary</u> |          |
|                       | <u>M</u>         | <u>F</u> | <u>M</u>             | <u>F</u> | <u>M</u>         | <u>F</u> | <u>M</u>             | <u>F</u> |
| Under 5               | -                | -        | -                    | 2        | -                | -        | -                    | -        |
| 5 - 15                | -                | -        | 1                    | 4        | -                | -        | -                    | -        |
| 15 - 25               | -                | -        | -                    | -        | -                | -        | -                    | -        |
| 25 - 35               | -                | -        | -                    | -        | -                | -        | -                    | -        |
| 35 - 45               | -                | -        | 1                    | -        | -                | -        | -                    | -        |
| 45 - 65               | -                | -        | -                    | 1        | -                | -        | -                    | -        |
| Over 65               | -                | -        | -                    | -        | -                | -        | -                    | -        |

## TYPE OF DISTRICT

The district is almost entirely agricultural.

## GENERAL PROVISION OF HEALTH SERVICE FOR THE AREA

Public Health Officers of the Authority.

Medical Officer of Health. - John Young, M.B., Ch.B., D.P.H. Camb.  
The Medical Officer of Health acts for the Leicestershire and  
Rutland Combined Districts in which this district is included.

Sanitary Inspector and Surveyor. - Alan J. Birkett, Cert. R.S.I.

## Laboratory Facilities

The following examinations were carried out during the  
year at the Public Health Laboratory, Leicester :-

|                          |     |     |     |    |
|--------------------------|-----|-----|-----|----|
| Faeces                   | ... | ... | ... | 3  |
| Blood                    | ... | ... | ... | 3  |
| Throat Swab              | ... | ... | ... | 1  |
| Sputum                   | ... | ... | ... | 2  |
| Hairs from site of patch |     |     |     | 1  |
| Water                    | ... | ... | ... | 15 |
| Milk                     | ... | ... | ... | 58 |

## SANITARY CIRCUMSTANCES OF THE AREA

Water The water supply for the district is derived as follows :-

- (a) to Uppingham by the Uppingham Waterworks Co.
- (b) to Lyddington in bulk from the Uppingham Waterworks Co.
- (c) to Thorpe-by-Water from an extension of the Lyddington main.
- (d) to Ayston from an extension of the Uppingham Town Supply.
- (e) to the rest of the district comprising 15 villages, water is derived from shallow wells and boreholes.

### Quantity and Quality

- (i) Bacteriological examination of the piped supply to Uppingham was made during the year and the result was satisfactory.
- (ii) There is no tendency to plumbo-solvency in the water supplies, and no action was taken during the year in this respect.
- (iii) All Villages using shallow wells are advised to boil drinking water.
- (iv) Shortages of water were reported from three villages during the year and steps were taken to alleviate the situation by the Council.

#### (v) Uppingham.

|  |              |
|--|--------------|
| Number of houses supplied from public water mains direct -               | 635          |
| Number of population supplied from public water mains directly connected | ... .. 2,430 |
| Standpipes   | ... .. nil   |

#### (vi) Lyddington.

|  |              |
|--|--------------|
| Number of houses supplied from public water mains direct to houses | ... .. 83    |
|  | Pop. ... 194 |
| Number of houses supplied from standpipes                          | ... .. 24    |
|  | Pop. ... 76  |

#### (vii) Ayston and Thorpe-by-Water.

Water connections to houses and farm premises were being carried out at the end of the year.

- (viii) All other parishes are supplied from shallow wells etc. The scheme for the supply of water to six villages in the Eastern part of the district from a borehole at North Luffenham was approved by the Ministry during the year and it is hoped to proceed with the scheme during 1953. Interim schemes for the supply of water to Ridlington and Belton from borehole supplies were in the course of preparation at the end of the year.

### Drainage and Sewerage.

The following areas are sewered :-

Uppingham  
Lyddington Village  
Belton  
Glaston  
Certain portions of Preston.

At Uppingham the scheme to drain the Ayston Road Area of the Town and to provide sewerage facilities for future housing projects of the Council was approved by the Ministry during the year and work will proceed during 1953.

A survey of sewage effluents within the River Board Area was made by the Welland River Board during the summer, and the effluent from the Uppingham Works proved to be unsatisfactory.



### Closet Accommodation

Total number in the district at the end of 1952 :-

(a) Privies and Pail Closets - 861  
(b) Water Closets - 847

### Public Cleansing.

Systematic scavenging of the whole district has been continued on a fortnightly basis throughout the year. Certain additional collections were made from hotels and school houses.

A new Refuse Collection Vehicle was purchased by the Council at the end of the year, which is of a much larger capacity than the old vehicle. It is hoped to improve the collection service during 1953.

### PREVENTION OF DAMAGE BY PESTS ACT, 1949

During the year the Council appointed a professional Rodent Operator, who is also employed by the Rutland Agricultural Executive Committee on similar work, to carry out treatment of all Council Sewage Disposal Works and tips, and also to deal with infestations on private properties. The Scheme is working very well and there is a marked drop in the number of complaints of rat infestations.

### SANITARY INSPECTION OF THE AREA

The particulars given under this heading are for all purposes, including particulars given elsewhere in the report.

Total number of complaints received ... 59  
Total number of defects or nuisances discovered 38

| <u>Nature of inspections:-</u>  | <u>Inspections</u> | <u>Re-visits.</u> |
|---------------------------------|--------------------|-------------------|
| Dwelling houses (all purposes). | 302                | 345               |
| Tents, Vans, etc.               | 10                 | 18                |
| Food premises                   | 82                 | 45                |
| Offensive trades                | -                  | -                 |
| Factories and Workshops         | 17                 | 14                |
| Shops                           | 57                 | 45                |
| Other premises                  | 222                | 184               |
|                                 | <u>690</u>         | <u>651</u>        |

### Notices.

| <u>Preliminary</u>                 | <u>Housing</u> | <u>Other.</u> |
|------------------------------------|----------------|---------------|
| Outstanding on 1st January, 1952   | 2              | -             |
| Issued during the year             | 10             | 1             |
| Complied with during the year      | 11             | 1             |
| Statutory action necessary         | -              | -             |
| Outstanding on 31st December, 1952 | 1              | -             |
| <u>Statutory</u>                   |                |               |
| Outstanding on 1st January, 1952   | -              | -             |
| Issued during the year             | 2              | 1             |
| Complied with during the year      | 2              | 1             |
| Outstanding on 31st December, 1952 | -              | -             |

## H O U S I N G

### General

There has been some improvement in repairs to properties throughout the district and it is hoped that with the easing of licensing restrictions many dwelling houses that have fallen into grave disrepair will be reconditioned.

Demolition of four cottage properties was proceeding at the end of the year. These cottages were subject to Demolition Orders which had been served by the Council several years ago.

### Inspection of dwelling houses during the year.

1. (a) Total number of dwelling houses inspected for housing defects (under Housing Acts) - 54
- (b) Number of inspections made for the purpose - 69
2. Number of dwelling houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation 34

### Remedy of Defects during the year without service of Formal Notice

Number of defective dwelling houses rendered fit in consequence of informal action by the Local Authority or their Officers ... .. 6

### Post War Housing.

During the year seven houses were completed in the district, and additional temporary accommodation provided for four families.

At the end of the year, erection was going forward to provide twelve houses and eight flats at Caldecott, eight flats at Wing, six houses at Bisbrooke, seven houses at South Luffenham, two houses at Ridlington, four at Belton and forty units, comprising twenty-two three bedroomed houses, two four bedroomed and sixteen two bedroomed flats at Uppingham, these being all Council Schemes.

On the 31st December, 1952, there were 209 applicants for Council Houses on the register.

### SUPERVISION OF FOOD.

During the year the Public Health Laboratory at Leicester continued the arrangement to examine milk samples biologically from the district. Fifty-eight samples were taken and forwarded to the Laboratory for examination. The scheme works very well and during the year one case of tuberculosis in milk was detected; one case of brucella melitensis and one case of brucella abortus. In all cases, informal action was taken to prevent infected milk being distributed until satisfactory further reports on the milk supplies had been received. The County Agricultural Executive Committee and the Animal Health Division of the Ministry of Agriculture and Fisheries gave us full co-operation.

### Ice-cream.

No ice-cream is manufactured in the district.

### Meat and Other Foods.

Regular inspections of food premises and shops, by the Medical Officer of Health and Sanitary Inspector has continued throughout the year and on the whole Shopkeepers and people handling food have been co-operative. Inspections of bakehouses were carried out during the year and certain improvements were effected. Structurally, the majority of bakehouses leave much to be desired.



Meat and Other Foods (continued)

The following foods were examined and found unfit for human consumption :-

28 lbs. of Fish.  
6 lbs. 4 ozs. Tinned Fruit.  
110 lbs. 8 ozs. Tinned Meat (various)  
1 box Pre-packed Icecream.

NATIONAL ASSISTANCE ACT, 1948

Section 47. Removal to Suitable Premises of Persons in Need of Care and Attention. No action was taken by the Council under this Section during the year.

I have the honour to be,

Your obedient Servant,

JOHN YOUNG

Medical Officer of Health.

10, High Street,  
Melton Mowbray.